

# Corner Stone

assisted living community

License #486803484

40 Orange Tree Circle • Vacaville, CA 95687  
Phone: (707) 999-5029 • Fax: (707) 455-8888



## MANAGEMENT TEAM:

**SHELLEY REYES** - Executive Director

**EIRA REA SANTOS** - Director of  
Resident Development

**IRENE HERYFORD** - Care Coordinator

**ALONDRA GARCIA** - Dietary Supervisor

**LOURDES DUNHAM** - Activity Director

**DIGNA MAGLALANG** - Medical Records

**RICH SALCIDO** - Driver/Maintenance

**LUZ PACHECO** - Housekeeping Supervisor

★ ★ ★ Memorial Day ★ ★ ★

## Remember and Appreciate

Memorial Day is a time for remembrance and appreciation. We remember those who have gone before us and appreciate the friends and family who surround us as a new season is set to begin.

May 2022



## Mother's Day Celebration

Moms, it's your day to shine! Join us for our Mother's Day event, where we will be celebrating YOU!

Entertainment By: **GLENN SNYDER**

May 6th, Friday, at 10am  
in the Courtyard

Mother's Day is a holiday set aside to honor and celebrate mothers, grandmothers and mothers-to-be. Shower the special women in your life with love, hugs and maybe a card or a beautiful bouquet! From all of us in the office, we wish all the moms who call our community home a very happy Mother's Day!

Shelley Reyes  
Administrator

## May Flower

Lily of the valley is the birth flower for May. The fragrant flower symbolizes sweetness, humility and happiness.

Activities Department  
Lourdes  
(707) 999-5025

**Ladies and Gentlemen:**  
**Tea Party With Red Hat**  
**Lady, Ms. Sue**  
Tea party at 3pm  
May 4th, Wednesday,  
Activity Room



**It's Fiesta Time!**  
Spice up your Cinco de Mayo celebrations by joining us for a fiesta! May 5th



CINCO de MAYO Lunch  
followed by  
"Hit the Piñata"  
(loaded with goodies)  
@1pm  
at the Courtyard

**Mother's Day Event**  
Mother's Day Lunch  
May 6th  
and Roses for the Ladies



### **... And the Baby Tawana Was Born ...**

... The year was 1934 in Dallas, Texas. She was married to and is the widow of the late Gary T, a retired Vacaville Chief of Police, and blessed with three children, grandchildren, and great-grandchildren.

Ms. Tawana is going on five years of living here at Cornerstone. She said, "At my age, let the good times roll and be thankful for each day as if it's your last day!"



### **Celebrate Mothers**

In 1905, Anna Jarvis began a campaign to make Mother's Day a recognized holiday in the United States. Jarvis' own mother had been a peace activist who cared for wounded soldiers on both sides during the Civil War. Celebrate the mothers in your life on the second Sunday in May.

Thought for Mother's Day:  
*Mothers hold their children's hands  
for awhile,  
but their Hearts forever!*



### **Remember and Honor**

This Memorial Day, we remember all the brave men and women who gave their lives for our country. Our heartfelt thanks go out to them and to all of our community's veterans for their service.

Visit to Sacramento Valley  
Sacramento Cemetery  
is May 27th, at 9:30.

Memorial BBQ Lunch  
May 27th, Friday



### **Community News:** **Tranquility Health**

Amanda Amaro, DDS of Tranquility Health, will now be providing on-site dental care for our residents. Dr. Amaro is a Certified Dementia Practitioner, and specifically trained to treat elders. She comes with all equipment necessary to provide on-site comprehensive dental care, including exams, digital x-rays, cleaning, fillings, crowns/bridges, dentures, and extractions.

To register, please visit [www.tranquilityhealth.com](http://www.tranquilityhealth.com) and select the "Patient Forms" button on the upper right. For any questions, please call 925-644-2700.





### Welcome to Our Community

Gary C.  
Sharon S.  
Raymond McD.  
Peter M.  
Margaret Y.

We are always excited to see new faces. We hope you enjoy meeting all your new neighbors. Please stop by the office and say hello every once in a while!

## Employee Spotlight

### Happy Waitstaff Day!

May 21 is National Waitstaff Day. To all our servers, thank you for all you do!



(L-R) Amanda, Tima, Criselda and Catalina

### Love Your Years

There are some who wish they could avoid getting older, but a number of polls and studies show that with age comes more happiness. Researchers believe reasons for this satisfaction include learning to enjoy life's simple pleasures and having time for personal interests. Celebrate your years during Older Americans Month in May.

## Health & Fitness

### Seniors on the Go

More than 1,000 events will take place in all 50 states on the last Wednesday in May in honor of National Senior Health and Fitness Day. As a part of Older Americans Month, the event encourages older adults to exercise and be healthy.

We are celebrating with these fun, physical challenges. Game on!

- Bowling Tournament
- Walk-A-Thon Challenge
- Safe and monitored Wheelchair and Walker Race
- Ball in the Basket
- Challenging Ring Toss

Take your pick! May is the Month to Stay fit and Healthy! Awards/Prizes will be given away and goodies given to all participants!



### May Babies

08 Dorothy C.  
09 Betty W.  
11 Elisa Reyes  
18 Marion H.  
29 Barbara P.  
And Staff:  
01 Luz (housekeeping)  
27 Edna

## With Sympathy

### Thank You for the Memories, Ms. Marie

Marie T. was an amazing lady!

She was kind, great at conversation, and loved by residents and staff.

She loved Bingo, had joined a lot of trivia, and attended many happy hours. She will be missed.

Our condolences go to the family and friends of Marie T.





Word Search

- |          |             |
|----------|-------------|
| Barbeque | Grandmother |
| Birthday | May         |
| Camping  | Memorial    |
| Child    | Mother      |
| Color    | Picnic      |
| Family   | Proud       |
| Flowers  | Roses       |
| Food     | Sunshine    |

R	E	H	T	O	M	D	N	A	R	G	I	U	D	B
O	S	U	B	A	Q	S	H	N	G	N	O	T	W	S
S	S	N	Q	K	R	Q	M	Y	L	I	M	A	F	P
E	B	W	C	E	Q	J	M	A	U	P	X	H	C	H
S	U	R	W	H	B	Y	I	C	Y	M	A	I	Y	O
T	C	O	C	S	I	R	Y	Q	E	A	N	W	F	V
M	L	S	O	V	O	L	A	B	F	C	R	O	D	J
F	O	D	U	M	Q	W	D	B	I	P	O	E	P	C
A	T	N	E	N	T	Y	H	P	A	D	K	L	R	P
Z	H	M	O	V	S	M	T	R	A	H	I	J	O	N
I	N	H	S	W	A	H	R	L	S	T	Q	E	U	R
B	R	E	H	T	O	M	I	G	Y	C	M	A	D	D
D	R	B	I	X	J	S	B	N	T	D	K	E	X	A
V	B	V	N	J	U	Y	Z	G	E	T	Y	V	P	A

  
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